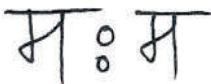


# STARTERS

## MO:MO (Dumplings)



Recommended

Mo:Mo is a type of steamed bun with the choice of filling. It has become a traditional delicacy of Nepal, Tibet and Nepalese/Tibetan communities in India and Bhutan as well as all over the Country (6 pieces)

### Steamed Mo:Mo

Vegetable	Vegan V	£7.49
Pork	G	£7.49
Chicken (Halal)	G	£7.49
Buffalo	G	£7.49



### Chicken Choila

GF Halal

£8.49

Choila is a typical dish from the Kathmandu Valley. Consisting of spiced grilled meat, usually eaten with beaten rice (chiura). This dish is typically spicy, mouth watering, served chilled or room temperature.

### Chatpatte

E G P

£7.49

Chatpatte is very popular Nepali street snack made with rice, chillies crispy noodle zesty spices flavourful & refreshing treat.

### Pork Bhutuwa

(Pork Internal) GF

£8.49

A great example of authentic Nepalese cuisine (gurkas are dying for Bhutawa with local wine or beer)

### Sukuti

Recommended GF

£8.99

A dry buffalo meat. The chunks of meat are kept hanging above a fire, after the meat dries it can be consumed. It is prepared in a pan with onion, garlic, ginger, green chillis and Nepalese spices. Served with Chiura (beaten rice). Slightly dry and chewy

### Gurkhali Achar

Vegan V SS

£3.99

More a salad than a pickle. It's simply delicious and best served as a starter or side dish with rice and meat or vegetable curry.

### Chilli Mo:Mo

Vegetable	Vegan V G S	£8.49
Pork	G S	£8.49
Chicken (Halal)	G S	£8.49
Buffalo	G S	£8.49

Pork Chilli Mo:Mo



### Aloo Dum

Vegan V SS VG

£6.99

A traditional delicately spiced potatoes with ground sesame.

### Vegetable Spring Roll

Vegan

£6.99

(5 pieces)

### Vegetable Pakora

Vegan V G

£6.99

Potatoes, onions, carrots, ground cumin, fresh coriander and chilli to taste, deep fried pakora batter with tomato chutney.

### Chilli Chips

Vegan V S

£6.99

Potato chips with stir-fry vegetables with fresh chilli to taste.

### Jhinge Machha

G E F2

£7.49

Battered Prawns.

### Tareko Machha

G S F1

£7.49

Marinated salmon pieces, deep fried until crispy, Served with tomato chutney.

### Nepalese Style Pork Ribs

S GF

£8.49

Marinated in spices then oven roasted, stir-fried with Nepali spices and chilli.

### Pork Jhbir

S GF

£8.49

Marinated with Nepali spices, garlic and ginger. Barbecue style Pork Belly. Served with tomato chutney.

# MAINS

Recommended with side dishes  
(Rice & Dal are the part of  
Nepalese Meal)

### Ghurkhali Pork

GF

£12.99

(Pork Curry) Gurkhali pork is one of the favourite curry's in Yak & Yeti. This is one of the favourite recipes which had been passed down from Grandma. It is simple, tasty with mouth watering flavours.

### Dharane Sungur Ko Masu

GF

£13.99

Perfect dry cooked pork belly & spinach.

### Everest Lamb

GF Halal

£13.99

(Lamb Curry) Slow cooked fresh local lamb. Real taste from the foothills of Nepal.

### Mola Ra Khashi Ko Tarkari

GF

£13.99

Halal A perfect combination of slow cooked lamb with white radish (Mooli is very popular radish in Nepal). An authentic taste from the foothills of Nepal.

### Malekha Ko Machha

GF FI

£13.99

Salmon Curry - May contain small bones One of the most popular meals at Yak & Yeti. Marinated salmon with homemade spices and cooked over sauce.

### Annapurna Chicken

GF Halal

£12.99

(Chicken Curry) Slow cooked fresh chicken with onions, ginger, garlic, fresh Nepali masala, chilli and coriander.

Annapurna  
Chicken



# STIR FRY

Recommended with side dishes  
(Rice & Dal are the part of  
Nepalese Meal)

### Yak & Yeti Beef

GF S Halal

£13.99

Beef marinated in our special spices then stir-fried with mixed peppers and onions.

### Yak & Yeti Chicken

GF S Halal

£12.99

Tender pieces of chicken, stir-fried with our own blended spice.

### Chicken Chilli

GF S Halal

£12.99

Tender marinated stir-fried chicken with mixed peppers & fresh chilli.

# NOODLE DISHES

### Chow Mein

V E S G F2

£10.99

Fried Noodles (Vegetables).

### Chow Mein

E S G F2

£11.99

Fried noodles (Pork or Chicken).

### Yak & Yeti Special Chow Mein

E S G F2

£12.99

Stir-fried noodles with vegetables, egg, chicken and prawns.

# THUKPA (noodle soup)

### Kukhurako Ko Thukpa

(Chicken base) Halal

£11.99 Thukpa is a very popular meal in the foothills of the Himalayas. A noodle soup base perfect in cold weather.

### Mo:Mo Thukpa

(Chicken or vegetable base)

£12.99 Steamed any Mo:Mo with Thukpa (Veg, Pork, Chicken or Buffalo).

# VEGETABLE DISHES

Recommended with side dishes  
(Rice & Dal are the part of  
Nepalese Meal)

### Hario Sabji

Vegan V GF

£9.99

Stir-fry green vegetables, green beans, spinach & broccoli.

### Aloo Ra Chana Ko Tarkani

£9.99

Vegan GF A potato and chickpea curry. The most popular curry in Nepal. A naturally vegan and gluten free vegetable curry.

### Nepali Tarkari

Vegan V GF

£9.99

Mixed vegetable - slow cooked mixed vegetables with garlic & Nepali spices.

# SIDE DISHES

Rice and daal are part of the Nepalese meal,  
normally served together.

### Bhat

Vegan V GF

£2.50

Boiled Basmati Rice.

### Bhuteko Bhat

V GF D

£4.49

Nepalese style rice fried in ghee with cumin, garlic and mixed vegetables.

### Yak & Yeti Special Fried Rice

£4.49

F1 E S

Nepalese style rice fried with prawns, egg and vegetables.

### Maasko Daal

(black lentil) V GF D

£4.49

(Classic) Split black lentil sauce cooked with traditional herbs & finished with ghee & ginger.

### Masur Ko Daal

(yellow lentil) Vegan

£4.49

Split yellow lentil sauce finished with spices and garlic.



# CHUTNEYS

### Khursani Ko Acahar

V G Vegan

£1.20

(Spicy Chutney

### Tomato Chutney

V GF D

£1.00

### 2 Papadum with Chutney

£2.00

Vegan V GF D

# NEPALESE

## All Time Favourite Meals



### Daal Bhat Masu

GF

£18.99

Daal Bhat is a traditional all time classic Nepalese meal of rice, potato and chickpea curry, lentil soup called Daal, Saag (vegetable), choice of black lentil Daal or yellow lentil Daal and **either chicken, pork or lamb curry.**

### Daal Bhat Macha

F1 GF

£18.99

Daal Bhat is a traditional all time classic Nepalese meal of rice, potato and chickpea curry, lentil soup called Daal, Saag (vegetable), choice of black lentil Daal or yellow lentil Daal and salmon curry.

### Daal Bhat Tarkari

Vegan GF C

£18.99

Daal Bhat is a traditional all time classic Nepalese meal of rice, potato and chickpea curry, lentil soup called Daal, Saag (vegetable), choice of black lentil Daal or yellow lentil Daal Nepali Tarkari